



WFSI 2023- Northwest 2023

## Green Duffle, Day Pack, & Van Bag

**Purpose** – To have a happy and successful WFSI trip, you will need to be very organized. Since personal storage space is also limited, you will need to plan ahead on where to keep all of your personal items. Here is a plan that has worked for many students in the past.

\*\*\* Absolutely **NO** electronic devices are allowed. This includes cell phones, tablets, ipods, laptops, etc. \*\*\*

Write your name on the clothing tags whenever possible; this will help you locate all of your items on laundry days!

### **Green Duffle Bag:**

Sleeping bag (1)  
Sleeping pad (1)  
Thin sheet/bag liner (1)  
Tennis shoes (1)  
Sandals (1)  
Laundry bag (1)  
WFSI tee shirt (1)  
Socks (8)  
Undergarments (6)  
Tee shirts (6)  
Long-sleeved tee shirt (2)  
Sweater or sweatshirt (1)  
Under-Armor style shirt (1)  
Under-Armor style tight (1)  
Nightwear (1)  
Bath towels (2)  
Washcloths (2)  
Pants (1)  
Shorts (6)  
Swimsuit (1)  
Hiking boots (1)

### **Daypack:**

Field notebook  
Pens & pencils  
Rain gear  
Lip balm  
Sunscreen  
Insect repellent  
Gloves or mittens  
Baseball hat  
Knit cap  
1-L Nalgene (2)  
First aid kit  
Wallet & ID  
Pocketknife  
Sunglasses  
Bandana  
Camera & charger  
Kleenex  
Lunch  
Wristwatch

### **Van Bag:**

Journal  
Postcard Stamps  
WFSI handouts  
Pens & pencils  
Bathroom kit:  
Soap  
Shampoo  
Deodorant  
Hair brush  
Tooth brush  
Toothpaste  
Floss  
Razors  
Shaving cream  
Personal hygiene  
Flashlight & batteries  
Baby wipes  
Personal Medications:  
Prescriptions  
Over-the-Counter  
Pillow